



Volleyball Rules & Regulations

The Serve

- Server must serve from behind the restraining line (end line) until after contact
- Ball may be served underarm or overarm
- Ball must be clearly visible to opponents before the serve
- Served ball may graze the net and drop to other side for point
- First game serve is determined by a volley each subsequent game shall be served by the previous game loser
- Serve must be returned by bump only No setting or attacking a serve
- Ball hitting the nets and going over is legal, even on serve.
- Serves may not be blocked.

Scoring

- Rally scoring will be used
- There will be a point scored every score of the ball
- Offense will score on a defense miss or out bounds hit
- Defense will score on an offensive miss out of bounds hit, or serve into the net
- League Matches: 1 set for 25 points
- Knockout Matches: 3 sets for 25 points
- Game will be played to 25 points, must win by 2 points
- If there is a tie, team reaches on 27 point first will be announced winner

Rotation

- Team will rotate each time they win the serve
- Player shall rotate in clockwise manner
- There shall be 4-6 players on each side





Playing the game

- Maximum of three hits per side
- Player may not hit the ball twice in succession (a block is not considered a hit)
- Ball may be played off the net during a volley & on serve
- A ball touching a boundary line is good.
- Each team will be allowed two 30-second timeouts per game.
- A ball may not be caught, thrown, held, or lifted.
- A player may not touch the net while making a play on the ball or immediately thereafter. A touch of the net with the hair that does not affect the outcome of the play will not be a violation.
- If a defensive player is standing at the net, and an offensive player hits the ball into the net and causes the net to touch the defensive player, it will not be considered a touch by the defensive player
- Players may be on or directly above the centerline, but crossing the centerline will be a violation
- Ball may touch any part of the body, the ball is still in play if it rebounds off player's foot.

Team having any issues to be discussed solely with event organizers

Umpire call will be final

